# Framingham/ATP III point scores in MEN 

| Age, years | Points |
| :--- | :---: |
| 20 to 34 | -9 |
| 35 to 39 | -4 |
| 40 to 44 | 0 |
| 45 to 49 | 3 |
| 50 to 54 | 6 |
| 55 to 59 | 8 |
| 60 to 64 | 10 |
| 65 to 69 | 11 |
| 70 to 74 | 12 |
| 75 to 79 | 13 |

Total cholesterol $\mathrm{mg} / \mathrm{dL}$
( $\mathrm{mmol} / \mathrm{L}$ )
<160 (3.4)
160 to 199 (3.4 to 5.15)
200 to 239 ( 5.17 to 6.18)
240 to 279 ( 6.2 to 7.21)
$\geq 280$ (7.24)

## Nonsmoker <br> Smoker

Age 20 to 39 Age 40 to 49 Age 50 to 59 Age 60 to 69 Age 70 to 79

| 0 | 0 | 0 | 0 | 0 |
| :---: | :--- | :--- | :--- | :--- |
| 4 | 3 | 2 | 1 | 0 |
| 7 | 5 | 3 | 1 | 0 |
| 9 | 6 | 4 | 2 | 1 |
| 11 | 8 | 5 | 3 | 1 |


| Age 20 to 39 | Age 40 to 49 | Age 50 to 59 | Age 60 to 69 | Age 70 to 79 |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | 0 | 0 |
| 8 | 5 | 3 | 1 | 1 |

HDL cholesterol mg/dL (mmol/L)
$\geq 60$ (1.55)
50 to 59 (1.29 to 1.53)
40 to 49 (1.03 to 1.27)
<40 (1.03)
Points
-1
0
1
2

| Systolic blood pressure, mmHg | Untreated | Treated |
| :--- | :---: | :---: |
| $<120$ | 0 | 0 |
| 120 to 129 | 0 | 1 |
| 130 to 139 | 1 | 2 |
| 140 to 159 | 1 | 2 |
| $\geq 160$ | 2 | 3 |


| POINT TOTAL | 10-Year risk, percent | POINT TOTAL | 10-Year risk, percent |
| :---: | :---: | :---: | :---: |
| 0 | 1 | 9 | 5 |
| 1 | 1 | 10 | 6 |
| 2 | 1 | 11 | 8 |
| 3 | 1 | 12 | 10 |
| 4 | 1 | 13 | 12 |
| 5 | 2 | 14 | 16 |
| 6 | 2 | 15 | 20 |
| 7 | 3 | 16 | 25 |
| 8 | 4 | 17 | 30 |

NOTE:
These risk estimates for the development of coronary heart disease do not account for all important cardiovascular risk factors. Not included are diabetes mellitus Adapted from Adult Treatment Panel III at http://www.nhlbi.nih.gov/ The point total is determined in each category and the 10 -year risk determined in the bottom row.

